# PRAYER...TALKING WITH GOD! Nehemiah 1

## Elements in Nehemiah's Prayer...

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Impacted by the need (vs. 3,4)
Recall the greatness of God (vs. 5,6)
Confess my sin (vs. 6,7)
State specific request (vs. 11)
Join with others (vs. 11)
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#### Fasting (vs. 4)

## Why fast?

Seek God's face (Daniel 9:3)
Seek God's direction (Acts 14:23)
Prepare to meet the CHALLENGES ahead (Matthew 4:1-3)
Anticipate the RETURN of Christ (Matthew 9:14,15)

### How do you fast?

Fast from food Feast on God's Word Don't BROADCAST (Matthew 6:16-18) Don't be hypocritical (Isaiah 58:2-5) Don't think it will be EASY (Matthew 4:1-3)

## Continuous (vs. 6)

#### GROUNDED on God's Word (vs. 8-10)

vs. 8 – Leviticus 26:27,33 vs. 9 – Deuteronomy 30:1-3

#### 2020 at C3:

II Peter 3:9
Ephesians 1:3
Philippians 4:19
Philippians 4:6-7
Ephesians 4:32
Acts 1:8
Revelation 5:9